

Nome GARA

# GF 3 Valli Varesine

Luogo : **Varese**

Percorso : **Lungo**

Lunghezza (KM) : **127**

Dislivello (M) : **2000**

Totale arrivati : **1112**

Meteo : **sereno**

POS.ASS.	COGNOME	NOME	CAT	POS	TEMPO	DISTACCO
<b>1 74</b>	<b>SELETTO</b>	<b>ALAIN</b>	<b>45/49 M</b>	<b>2</b>	<b>3:33:17</b>	<b>+21:05</b>
2 78	ROGGERO	ALBERTO	40/44 M	7	3:33:52	+21:39
3 138	RIZZA	SERGIO	19/34 M	91	3:38:02	+25:49
4 229	LENTA	LORENZO	35/39 M	35	3:43:50	+31:38
5 242	REZZANI	MICHELE	45/49 M	25	3:44:11	+31:59
6 276	MAGNI	WALTER	50/54 M	30	3:46:17	+34:04
7 291	ALLAMANNO	CRISTIAN	19/34 M	140	3:47:23	+35:11
<b>8 296</b>	<b>BUSSONE</b>	<b>ROBERTA</b>	<b>40/44 W</b>	<b>1</b>	<b>3:47:34</b>	<b>+35:22</b> 2a donna
9 323	MEZZERA	PAOLO	40/44 M	43	3:49:33	+37:21
10 378	TALARICO	FRANCO	55/59 M	18	3:53:13	+41:00
11 414	MARANGON	SIMONE	45/49 M	50	3:55:38	+43:26
<b>12 424</b>	<b>GRAPPEJA</b>	<b>MASSIMO</b>	<b>60/64 M</b>	<b>4</b>	<b>3:56:00</b>	<b>+43:48</b>
13 440	FORNERO	SERGIO	35/39 M	67	3:56:43	+44:31
14 446	ROSSO	SIMONE	35/39 M	68	3:56:54	+44:42
15 604	MERLINO	ANDREA	19/34 M	227	4:08:10	+55:57
<b>16 635</b>	<b>DE MARCHI</b>	<b>SABRINA</b>	<b>40/44 W</b>	<b>5</b>	<b>4:10:37</b>	<b>+58:25</b>
17 644	POZZOLI	CLAUDIO	60/64 M	15	4:11:29	+59:16
18 657	MANDES	MARCO	40/44 M	87	4:12:18	+1:00:06
<b>19 704</b>	<b>DEBERNARDI</b>	<b>ELISABETTA</b>	<b>55/59 W</b>	<b>2</b>	<b>4:15:54</b>	<b>+1:03:42</b>
20 707	GIUNTA	ANGELO	35/39 M	96	4:16:13	+1:04:01
21 771	PETRUZZA	SIGISMONDO	55/59 M	74	4:20:54	+1:08:42
22 785	SAGLIETTO	CORRADO	55/59 M	77	4:22:02	+1:09:49
23 793	STURNIOLO	EUGENIO	19/34 M	264	4:22:38	+1:10:25
24 801	MOCCI	CLAUDIO	35/39 M	101	4:23:08	+1:10:55
<b>25 828</b>	<b>MURA</b>	<b>FRANCESCO</b>	<b>65/69 M</b>	<b>3</b>	<b>4:24:44</b>	<b>+1:12:32</b>
26 861	FONTANA	MASSIMO	55/59 M	84	4:30:06	+1:17:53
27 880	CAPRARELLI	SALVATORE	55/59 M	89	4:34:22	+1:22:10
28 903	VITILLO	MASSIMO	50/54 M	119	4:38:24	+1:26:12
29 908	RICCI	GIORGIO	60/64 M	28	4:39:24	+1:27:12
30 915	BIGNUCOLO	FABRIZIO	40/44 M	116	4:41:08	+1:28:55
31 955	ANTONIOLI	LANFRANCO	65/69 M	7	4:48:49	+1:36:37
32 983	CIMADOMO	NINO	45/49 M	119	4:56:04	+1:43:51
33 1005	RUBINO	GIUSEPPE	60/64 M	37	5:01:46	+1:49:34
34 1037	FERRO	STEFANO ANDREA	45/49 M	127	5:12:04	+1:59:51
35 1072	OCCHETTI	VALTER GIOVANNI	65/69 M	9	5:28:09	+2:15:56
36 1100	CILLUFFO	PAOLO	60/64 M	45	5:56:21	+2:44:09
37 1104	SCALISE	ANTONIO	60/64 M	46	6:10:01	+2:57:48

Percorso : **Medio**

Lunghezza (KM) : **101**  
Dislivello (M) : **1500**  
Totale arrivati : **1048**

1	73	CAPIRONE	DARIO	35/39 M	11	2:51:35	+14:31
2	96	CARBONE	STEFANO	60/64 M	2	2:54:11	+17:08
3	114	COLOMBO	CLAUDIO	60/64 M	4	2:55:21	+18:17
4	215	BERGIA	LUCIANO	60/64 M	15	3:03:33	+26:30
5	253	QUATERNI	DANILO	45/49 M	24	3:06:51	+29:47
6	343	LONOBILE	LUIGI	50/54 M	31	3:12:04	+35:00
7	390	TRENTO	CHIARA	19/34 W	7	3:14:00	+36:56
8	407	FRIGOLI	GIOVANNI	50/54 M	37	3:15:07	+38:03
9	571	CAVALLIN	VALENTINA	19/34 W	12	3:28:32	+51:28
10	582	VILLANO	MANUEL	19/34 M	178	3:29:33	+52:29
11	639	ALESSIO	GABRIELE	50/54 M	69	3:33:01	+55:58
12	712	CERUTTI	NICOLE	19/34 W	13	3:39:30	+1:02:27
13	790	CURTI	MARCO	60/64 M	79	3:47:50	+1:10:46
14	794	FORMICA	REMO	60/64 M	80	3:48:19	+1:11:15
15	829	MEVIO	NICOLO	19/34 M	209	3:54:16	+1:17:12
16	884	TRINCHERO	ROBERTO	45/49 M	87	4:04:02	+1:26:58
17	914	ZOMPI'	SILVIA CHIARA	35/39 W	7	4:08:50	+1:31:47
18	970	RUBIOLA	ENRICO	55/59 M	107	4:22:59	+1:45:55
19	1016	CAPELLA	EDGARDO	70/74 M	21	4:43:58	+2:06:55
20	1029	IPPOLITO	PATRIZIA	55/59 W	16	4:55:26	+2:18:23